Admission Criteria Spinal Cord Injury (SCI)

POLICY:

The Lighthouse Inc. will admit eligible persons with spinal cord injuries, of all ages, who have high and low tetraplegia, paraplegia, and complete or incomplete injuries. Medically stable individuals with co-morbidities, such as traumatic brain injury, may be admitted to the appropriate Lighthouse Residential Program.

PROCEDURE:

- 1. Person appropriate for treatment:
 - A) 18 years of age or older for the adult program; 17 years of age and younger for the pediatric program.
 - B) The individual with the spinal cord injury requires the unique services of either a specialized interdisciplinary team or rehabilitation specialists.
 - C) The injured individual is in need of residential services with the potential of functional improvement. Residential treatment services provide specialized skills and intensive therapy programs that cannot be provided by local or community care providers.
 - D) The injured individual is medically stable; presenting with medical conditions that are manageable in the residences, as determined by the referring physician, Registered Nurse, and Registered Respiratory Therapist.
 - E) The primary focus of treatment is for physical medicine & rehabilitation, and/or behavioral management.
 - F) Injured individuals with supportive caregivers or a support system who are involved in developing therapeutic goals to address medical, cognitive, physical, and psychosocial limitations and skill levels.
 - G) The injured individual, support system, and/or guardian demonstrate motivation and a willingness to participate in the program.
 - H) The injured individual, support system, and/or guardian are willing to abide by the rules of the program including on and off campus privileges.
 - I) The injured individual will be an appropriate personality match for the residential home. Attributes to be considered include but are not limited to: propensity for disruptive behavior, acuity of medical needs intensity of therapy services and need for coma stimulation programming as assessed by the Clinical Director or their designee.
 - J) The injured individual does not require continual nursing care, isolation or medical restraint.
 - K) Persons with SCI are eligible for admission if the level of spinal cord injury and completeness of injury are determined to be appropriate for the level of care provided by the Lighthouse and the Lighthouse treatment team.
- 2. Typical SCI diagnosis include, but are not limited to:
 - a. Traumatic spinal cord injury
 - b. High or Low Tetraplegia; complete or incomplete
 - c. Paraplegia; complete or incomplete
 - d. Medical conditions/diseases affecting the spine or spinal cord resulting in or producing neurological deficits.
- 3. The etiology of all spinal cord injuries or diagnosis will be identified and documented, as the information is made available.

- 4. Prospective residents and guardians are encourage to tour The Lighthouse Inc. facilities prior to admission to the program.
- 5. Prospective residents or conservator must show the financial resources and ability to meet the charges either by private pay, insurance, or other financial commitment.
- 6. The Clinical Director will annually review the admission criteria for continued appropriateness.
- 7. The Clinical Director will revise the admission criteria as needed and in accordance with the mission and the philosophy of the Lighthouse Inc. program.
- 8. The admission criteria will be documented for public disclosure.

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